

Identity

Ethics And Emotions



Years 5 & 6

Students track their emotions and consider ethical dilemmas during this unit. They experience new things and learn about social, emotional and physical challenges during adolescence.

Rationale

By tracking my emotions, considering ethical dilemmas and experiencing new things I can better understand who I am.

Essential questions

- What are the social, emotional and physical challenges experienced during adolescence?
- How can the social, emotional and physical challenges experienced during adolescence be managed?
- What are ethical dilemmas and ethical principles?

Glossary

self-reflection, puberty, adolescents, responsibility, risk-taking behaviour, harm minimisation, empathy, resilience, motivation, emotions, introspective, identity, reflection, physical, emotional, social, meditation, yoga, Sudoku, dilemma, ethics, crossword, barometer

Rich assessment task

Students will use what they have learnt about ethics and emotions during the unit to consider what they would do when faced with pressure to participate in unethical behaviour. They will use 'I messages' to communicate their thoughts and feelings clearly.

Future action

Students will have a greater capacity to maintain their equilibrium throughout puberty. They will have a range of coping strategies as they move into secondary education. Students will have a repertoire of strategies that support the maintenance of their sense of self-worth and wellbeing.